



FREQUENTLY ASKED QUESTIONS

Q: What are the differences between the Neurozone® Advanced Coaching Course and the App? Is the coaching course a guided experience with the same materials as the App?

- The Coaching Course upskills a coach to understand how the brain/body system works and how to integrate brain diagnostics and neuroscience insights into their coaching practice. It focuses on providing a coach with the skill to support individuals and teams to become the best version of themselves.
- The App on the other hand is a pocket guide for individuals. It provides an individual with a personalized resilience journey which starts with a diagnostic assessment, embedded in the App. In essence, it guides the individual in building their resilience by focusing on specific [neurobehaviors](#). However, the resilience journey in the App can be supported and complimented by a coach, and specifically, by Neurozone certified coaches who understand the methodology and [behavioral code](#) that we embed in our system.

Q: What are the differences between the High Performance Course (HPC), and the Neurozone® Advanced Coaching Course (NAC)?

- **[NAC](#)**
 - The NAC is specifically designed for certified coaches.
 - This course makes you eligible to receive 33 CEEU ICF credentials
 - This is a 12 week course, where the first six weeks are theoretical and the second six weeks are practical group coaching sessions, presented online by facilitator Dr Chrisna Swart. The theoretical sessions also include tutorials by Dr Etienne van der Walt
 - Access to all course materials are available for 12 months.

- **HPC:**
 - The HPC is aimed at leaders, teachers and other professionals who want to embed knowledge and insights for better self-leadership and leadership of others
 - ICF point redemption is not possible
 - This course is a 12 week online course, with no other interaction, apart from the tutorials embedded within the course, presented by Dr Etienne van der Walt.
 - Access to this course is limited to 12 weeks
 - This course does not enable individuals to become a Neurozone® Advanced Coach or to coach with the [Neurozone Products](#).

Q: How is the [App](#) different from these courses?

- The App does not contain course content.
- You do not receive a certificate of completion afterwards, as you would when doing one of the courses.
- The App offers behavior-changing recommendations, based on neuroscience, analytics, and systems thinking.
- These recommendations are offered in bite sized chunks.

Q: What are the subscription periods for the App?

- 6 month subscription
- 12 month subscription

Q: Can I use the App without a coach?

- Yes, you can use the App without a coach. The app serves as a companion and teacher on your journey. The App is not a pocket-coach. So if you have a coach, we recommend you share your report with your coach, who can further compliment your journey. We also highly recommend that your coach become [Neurozone certified](#) for best results. The personal report in the app serves as the guide for a coach who supports individual users on their journey

Q: Can I download the App and use it on my laptop

- No, the App can only be downloaded and used on smartphones with the following operating systems:
 - IOS 13 (is available on Iphone 6 or later. Including Iphone SE)
 - Android 7 (Nougat)

Q: Can I purchase a [Neurozone Group Heatmap](#) as a stand alone product?

- No, the aggregated group data which is displayed in the Heatmap is drawn from the individual App data (from those specific individuals part of the group). Therefore,

individuals are required to have completed the Neurozone assessment on the App if you wish to generate a Neurozone Heatmap for this group.

Q: Does Dr Etienne van der Walt offer free Interactive Masterclasses?

- No, Dr Etienne van der Walt has a set fee for his [Interactive Masterclasses](#).

Q: Does Dr Etienne van der Walt offer Interactive Masterclasses in collaboration with other people or companies?

- No, Dr Etienne van der Walt has a set fee for his Interactive Masterclasses, and does not do these in collaboration with any other party.

Q: Can I share the Demo Reports with my clients so that they can understand what it's all about?

- Yes, you are welcome to.

Q: Can the App be downloaded on any smartphone? / Why can I not download the Neurozone App?

- the App can only be downloaded and used on smartphones with the following operating systems:
 - IOS 13 (is available on Iphone 6 or later. Including Iphone SE)
 - Android 7 (Nougat)